



## Generic Risk Assessment: Mountainous Areas

**Date: 14/01/2020**

**Completed By: Chris Traill Director**

Where Hazards have been identified as Generic to all activities the controls are specified within the Generic Instructing Standards  
 Where Hazards have been identified as Generic to all Land activities the controls are specified within the Land Generic Risk Assessment.

Hazards (please specify)	Existing Control Measures (please specify if present)	Residual Risk Level (Insert values and multiple score : see key )		
		Low	Med	High
Injury or illness to individuals or the whole group, such as sunstroke, sunburn & dehydration as a result of; extreme or <b>high</b> temperature & excessive exposure to UV	Instructor to check weather forecast before departure. Instructor to brief group before departure. Group to be adequately dressed for current conditions and forecast. Adequate water to be carried by all (checked before departure). Group to bring own sun cream (checked before departure).	2 x 2 = 4		
Injury or illness to individuals or the whole group, such as frostbite, windburn, hypothermia, as a result of; extreme or <b>low</b> temperature, high precipitation, high wind or a rapid change of overall weather conditions	Instructor to check weather forecast before departure. Instructor to brief group before departure. Group to be adequately dressed for current conditions and forecast. A hot flask to be carried when necessary. Clothing to be in accordance with the SSOP. Instructor to carry spare clothing. A casualty blizzard blanket to be carried by instructor.	2 x 2 = 4		
Emergency access: Injury or illness worsened by delay in emergency services reaching the scene	Instructor to be trained according to the MOS. Instructor to be aware of areas where mobile phone signal is not strong and carry a map with the nearest vehicle access points clearly marked.	2 x 2 = 4		
Injury or illness caused by departure from the designated route	Instructor to be trained according to the MOS. Instructor to carry a map with the route clearly marked .	2 x 1 = 2		
Individuals being separated from the rest of the group	Instructor to brief group prior to departure. Instructor to be at both front and rear of the group. Regular head counts and roll calls to be used. Instructor to be vigilant at all times.	4 x 1 = 4		
Scrambling. Injury caused while traversing drop-offs, rock steps and scrambles.	Instructor to be Mountain Leader (Summer) Award assessed. Participants briefed on potential hazards and take the assessed route through the section. Instructor or designated person to spot participants at significant hazards. Footwear to be in accordance with SSOP. Group to move over section at an appropriate speed.		4x2=8	



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Injury caused by slips, trips and falls on difficult terrain: steep ground, very wet/waterlogged ground, uneven ground, narrow paths and rocky terrain.	Lead instructor to be Mountain Leader (Summer) Award assessed. Small or temporary hazards to be avoided where possible. Participants are briefed on potential hazards and designated routes. Instructors to ensure that the group remain in view at all times. Clothing and footwear to be in accordance with the SSOP. Instructor and guests to walk at an appropriate speed.	3 x 2 = 6		
Other people; unknown individuals and 3 <sup>rd</sup> parties: Injury or illness caused by the behaviour of or contact with a 3 <sup>rd</sup> Party	Instructor to brief group prior to departure Instructor to speak on behalf of the group if necessary Group to be polite and respectful in public places Group to be briefed on 'stranger danger.'	4 x 1 = 4		
Debris: Injury caused by coming into contact with debris	Instructor to brief the group on hazards and keep them away from debris where possible. Supervise accordingly.	2 x 2 = 4		
Injury from equipment	Participants to be briefed in the correct use of equipment and how it should be carried	2 x 2 = 4		
Animals and vegetation: Injures or illness as a result from contact, such as bites and stings.	Participants are briefed on potential hazards. All medical info to be checked prior to session.	2 x 2 = 4		

Endorsed for Lochranza Centre CIC by Chris Traill, Director

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In Consultation with Mike Margieson, MIC, Technical Advisor