

Lochranza Field Centre Site Specific Risk Assessment: Abseiling Cliff

Date: 14/01/20

Where Hazards have been identified as Generic to all activities the controls are specified within the Generic Instructing Standards Where Hazards have been identified as generic to all Lochranza offsite activities the controls are specified within the Generic Lochranza Local Operating Area Risk Assessment

Where Hazards have been identified as Generic to all Off ground activities the controls are specified within the Generic Off Ground Standards

Hazards (please specify)	Existing Control Measures (please specify if present)	Residual Risk Level (Insert values and multiple score : see key)		
		Low	Med	High
Falling over cliff edge.	Guests instructed to wait in safe area. Guests only approach edge when clipped into the safety rope. The instructor must not approach the cliff top to rig until they are securely attached with a prusik loop to a rope which is attached to an anchor point away for the edge.	5x1=5		
Injury incl. friction burns due to incorrect abseiling technique	Instructors to introduce correct technique during safety talk and control rate of descent throughout session	3x1=3		
Injury due to slippery edge guest losing balance on take off.	Correct method of abseiling to be instructed to every guest. Instructors to ensure a visual demonstration takes place emphasising on correct stance. Guests' awareness directed to importance of leaning back and when to start taking steps.	3x2=6		
River Crossing on stepping stones. Injury by slips, trips and falls in moving water.	Instructor to brief group prior to approaching hazard. If the depth water flowing over the top of stepping stones is greater than boot depth the route around the road bridge to be used. Instructor will take into consideration footwear of participants before crossing.	3x1=1		

(Key: 1-7 = Low Risk; 8-15 = Medium Risk; 16-25 = High Risk)

Endorsed by: Chris Trail, Centre Operations Manager Technical Advisor: Mike Margeson MIC

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