



## Generic Risk Assessment: Study – Rivers

**Date:** 14/01/2020

**Completed By:** Chris Traill

Where Hazards have been identified as Generic to all activities the controls are specified within the Generic Instructing Standards  
 Where Hazards have been identified as Generic to all Land activities the controls are specified within the Land Generic Risk Assessment.

Hazards (please specify)	Existing Control Measures (please specify if present)	Residual Risk Level (Insert values and multiple score : see key )		
		Low	Med	High
Injury or illness to individuals or the whole group, such as sunstroke, sunburn & dehydration as a result of; extreme or <b>high</b> temperature & excessive exposure to UV.	Instructor to check weather forecast before departure. Instructor to brief group before departure. Group to be adequately dressed for current conditions and forecast. Adequate water to be carried by all (checked before departure). Group to bring own sun cream (checked before departure).	2 x 2 = 4		
Injury or illness to individuals or the whole group, such as frostbite, windburn, hypothermia, as a result of; extreme or <b>low</b> temperature, high precipitation, high wind or a rapid change of overall weather conditions	Instructor to check weather forecast before departure. Instructor to brief group before departure. Group to be adequately dressed for current conditions and forecast. Hot flask to be carried when necessary. Instructor to carry spare clothing & a casualty blizzard bag.	2 x 2 = 4		
Individuals being separated from the rest of the group	Instructor to brief group prior to departure. Instructor to be at both front and rear of the group. Regular head counts and roll calls to be used. Instructor to be vigilant at all times.	4 x 1 = 4		
Other people; unknown individuals and 3 <sup>rd</sup> parties: Injury or illness caused by the behaviour of or contact with a 3 <sup>rd</sup> Party	Instructor to brief group prior to departure Instructor to speak on behalf of the group if necessary Group to be polite and respectful in public places Group to be briefed on 'stranger danger.'	4 x 1 = 4		
Slips, trips and falls on slippery and uneven ground / rocks en route to the river or on river banks.	Participants are briefed on potential hazards and designated routes. Instructors to ensure that the group remain in view at all times. Clothing and footwear to be in accordance with the MOS. Instructor and guests to walk at an appropriate speed.	3 x 2 = 6		
Debris in the river or on the walk: Injury caused by coming into contact with debris	Instructor to brief the group on hazards and keep them away from debris where possible. Supervise accordingly.	2 x 2 = 4		



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Lifting heavy objects: rocks	Participants are briefed on the hazards. Instructor to advise group on manual handling.	2 x 2 = 4		
Injury caused by Slips, trips and falls in moving water	Participants to be briefed on underfoot conditions in the river, strong currents, river temperature and safest areas to work in when in the river. Participants to have spare layer to change into if they get wet. Instructor to carry spare dry clothing.	3 x 2 = 6		
Drowning: Injury or illness caused by submersion or ingestion of water	Participants are briefed on the hazards. Instructor to define where groups should work when in the river. Participants not to be in the river deeper than wellington depth. All Instructors to be trained in first aid. Weather and river conditions to be monitored prior to and throughout the session. Instructor to enter the water before allowing group to enter the water.	4 x 1 = 4		
Injury from equipment	Participants to be briefed in the correct use of equipment and how it should be carried	2 x 2 = 4		
Animals and vegetation: Injures or illness as a result from contact, such as bites and stings.	Participants are briefed on potential hazards. All medical info to be checked prior to session. Hazards to be avoided where possible.	2 x 2 = 4		

Endorsed Lochranza Centre CIC by Chris Traill, Director

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In Consultation with Mike Margieson, MIC, Technical Advisor